

HOW TO MEET WITH GOD Week 1: Ready!—Start with God

1

TABLE TALKER • Family Discussion Guide

Let's Play!

Have each person draw the face of someone that everyone in the family knows. After everyone is finished, reveal your drawings and see how many different people you all can correctly identify. What made the faces easy or hard to recognize?

Let's Talk!

Take turns making facial expressions that represent certain emotions. Share what makes you feel that emotion.

Let's Read!

Read *Psalms* 27:8

Let's Think!

What do you think it means to “seek God’s face?” In this life, we can’t actually see the face of God—so why would the Bible tell us to seek His face? When we really listen to someone, we focus on their face, don’t we? Seeking God’s face means to really focus on Him. It has to do with pleasing God, showing Him love, and treating Him like a cherished friend.

Let's Do!

Go around and have each person name one thing he or she can do to seek God’s face this week.

HOW TO MEET WITH GOD Week 1: Ready!—Start with God

2

TABLE TALKER • Family Discussion Guide

Let's Play!

Have everyone take turns hiding somewhere in the house while the others look for the person who is hiding. (You might want to define some boundaries!) Decide as a group who had the best hiding spot.

Let's Talk!

Have you ever lost something for a long time that you finally found? Where did you find it?

Let's Read!

Read *Deuteronomy* 4:29

Let's Think!

God promises we will find Him when we seek Him with all our heart (*Jeremiah* 29:13). What do you think it means to seek the Lord? What are different ways we can seek God? Because we are commanded to use “all our heart,” describe half-hearted ways of seeking God that we should avoid. Describe a person who has found the Lord. What would that person’s life look like?

Let's Do!

Have each person share one thing he or she has seen another family member do to seek the Lord.

HOW TO MEET WITH GOD Week 1: Ready!—Start with God

3

TABLE TALKER • Family Discussion Guide

Let's Play!

Have the whole family wash dishes. Find a way to make it fun! Perhaps require each person to use only one hand, or require that everyone keep arms linked with each other while washing. Have fun at the sink cleaning all the dishes!

Let's Talk!

Discuss the time you became muddier or messier than you’ve ever been! See if the rest of the family agrees with you.

Let's Read!

Read *1 John* 1:9

Let's Think!

Confessing sins is often confused with asking for forgiveness. To confess means to admit our sins. This verse says we need to admit our sins to God, and that when we do, He will make us spiritually clean. Just as it is important to wash our hands before eating, it is good to start our time with God humbly confessing our sins, so that we are clean while we interact with Him.

Let's Do!

Make a pact with each other that you will be completely honest about your sins when talking with God.